



## Suffolk Academy of Dance & Performing Arts

At The Ipswich Regent

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It's getting very close to the show, so it's time for a few more details.

PLEASE READ THIS LETTER CAREFULLY AND KEEP IT SOMEWHERE SAFE! A copy will also be available on the website.

Firstly, thank you for your support so far. Preparations are going very well and I am very confident that the show is going to be amazing – I have never seen everybody dance so well!! So, please promote the show as much as you possibly can, give out invites, keep reminding friends and family to book their tickets, put posters up (or if you have any other ideas for publicity please speak to me). It will make a huge difference to the performers if there is a good sized audience.

### **Dress Rehearsal** Sunday 9<sup>th</sup> June (classes on 8<sup>th</sup> as usual)

Everybody will be needed from 9.45am for a **10am start prompt**. (Except Little Stars who will not be required until 12.30pm). The morning will be spent practising on stage with the opportunity for everybody to watch each others dances. There will then be a short lunch break and the afternoon will be run as a full dress rehearsal.

All arrive in black leggings and SADPA t-shirt (if you haven't got a SADPA t-shirt please wear a plain black t-shirt). Pom Poms who do not have t-shirt please be in your pink leotard but have a top that you can wear in between times. We are aiming to finish at 4.30pm

Please be patient if we are running a little late, we will be working very hard throughout the day to ensure that the audience have a fantastic show to watch and that the performers are completely confident with what they are doing.

Nobody except chaperones will be allowed into the auditorium or backstage during dress rehearsal. Please wait in the main foyer to collect your child.

If your child is to be collected by anyone other than Mum or Dad please ensure this is put on the list at the time of signing in. All performers under 16 years of age must be collected by an adult unless we are advised otherwise in advance.

### **SHOW DAY**

Please arrive at 1pm through the main foyer, where they will be signed in (**please can they only be accompanied through by one adult to avoid overcrowding**). If anybody different is to be collecting them please ensure this is put on the list at the time of signing in. Please ensure that performers have eaten lunch before they arrive at the theatre.

If they are going to need a coat at the end of the day please bring it with you when you collect them, rather than have it at the theatre all day.

All performers will stay at the theatre for the whole day, they thoroughly enjoy the time in between shows, when eat their tea.

At the end of the day performers are to be collected from the main foyer. Please be aware that this does take a little while.

During the dress rehearsal and on show day all performers will be under the supervision of our chaperones who are all licensed by Suffolk County Council. The only people allowed backstage will be performers, chaperones and SADPA and theatre staff.

For both days please bring:

**Little Stars** – black ballet shoes, plain black ankle socks.

**Younger Pom Poms** – ballet and tap shoes, pink ballet leotard, plain black ankle socks and ballet socks. Girls wear plain white knickers

**Older Pom Poms** - ballet shoes, tap shoes, ballet socks, plain black ankle socks, wear plain black knickers.

**Sequins** – ballet, tap and jazz shoes, tan tights (toast colour), girls – purple leotard

**Diamonds** – ballet, tap and jazz shoes, tan tights, girls – purple leotard

**Sparkles and Dazzlers** – ballet, tap and jazz shoes, tan tights (toast colour) black leotard

**Junior Street** – plain black jazz shoes/trainers, plain black ankle socks,

**Inter/Snr Street** – black jazz shoes/trainers, plain black ankle socks, full length black leggings, Snr – Tan tights

**Hip Hop** – plain black trainers, plain black ankle socks, full length plain black leggings,

**Musical Theatre** – black Jazz shoes, plain black ankle socks

*Please ensure that all shoes are clean and that elastic is sewn onto ballet shoes. It is helpful if laces in jazz shoes are replaced with elastic – it saves a huge amount of time!*

If you need to order new shoes or tights please do so as soon as possible, order forms available from the website. Space is very limited backstage so please only send your child with what they have been asked to bring.

***PLEASE name everything that comes with your child to the theatre – there will be an awful lot of things all exactly the same!***

**Hair-** all girls are going to have 2 french/dutch plaits for both dress rehearsal and show day. If you can do it before they arrive that would be great but if not don't panic! If they need their hair done when they arrive please can you ensure that it is brushed through and put into bunches and send a comb.

**Dress rehearsal** – packed lunch

**Show day** – packed tea

Please can these be in a carrier bag with your child's name and class on. So that once they have eaten it can all be thrown away.

Please send plenty of drink, but **only water** as performers are only allowed to drink water once in costume (flavoured is fine). They will need a drink in with their food and another in their dance bag.

No jewellery inc. earrings, tattoos or nail varnish.

There will be some times of sitting around for some children during the dress rehearsal and shows so please bring something small and quiet to do. (No felt tip pens). **NO mobile phones** or tablets– this is to ensure that we retain control of photos of children that are being taken, so that all performers can fully participate and not be stuck to their phone and because chaperones, SADPA and theatre staff cannot be held responsible for the safety of valuables. If for any reason you need to contact them urgently you can do so on Louise's phone.

Inhalers – anybody who has an inhaler must bring it with them on both days it must be clearly named and put into the appropriate class box.

All performers will wear make up on show day. Please put in writing before the dress rehearsal if this may cause a problem.

I appreciate that this is quite a long letter but many years of experience have shown that everything runs much more smoothly when everybody knows where they have got to be, when and with what and knows what to expect.

If you do have any further questions then please do get in touch – but I am hoping that I have covered most things!

**Louise**

Louise Chapman  
Principal